

**M. G. ARTS, SCIENCE & LATE N. P. COMMERCE COLLEGE, ARMORI**  
**REPORT OF THE WORKSHOP ON WOMAN HEALTH AND HYGIENE**  
**(ACADEMIC YEAR-2019-2020)**

Name of Activity organized	NSS and Women Empowerment Activities
Title of activity	Workshop on Women Health and Hygiene
Date of activity organized	26.09.2019
Name of the Coordinator of activity	Dr. Rajendra N. Chavhan, Sneha Mohurle
Place of Activity organized	College
No. of students participated	140
No. of faculty participated	03
Name of sponsoring agency/collaborator	Sub-District Government Hospital, Armori
Name of sponsorship/collaboration (Total Grants received in Rs. If any)	-
Objective of the Activity	<ol style="list-style-type: none"> <li>1. Awareness among women and child about the importance of personal hygiene.</li> <li>2. Demonstrate the social importance of personal hygiene to maintain a hygienic life style.</li> <li>3. Encourage the participants to take responsibility of their health and cleanness in a friendly environment to remain mentally, physically and socially healthy.</li> <li>4. Teach the attendees how to take care of hand, body, tooth, foot, and cloth's hygiene in day to day life in the presence and the absence of certain facilities.</li> </ol>

**Brief Description:**

The main aims to organize the programmes for women and child to demonstrate the importance of maintaining good personal hygiene and illustrate the importance of comprehensive cleaning to maintain a good health and a better personality in a certain society. Personal hygiene is important for many reasons, for instance, to have a better personality, a good health, for social reasons and for psychological issues. Good hygiene perpetuates a nice image of an individual in a society. Emphasizing on good personal hygiene can reduce a risk of many social, mental, and health problems. The good personal hygiene is as simple as hand washing which can reduce the plethora of illnesses, infections, and disorders. In a social situation a clean and tidy appearance can boost one's confidence and reflects a positive image of that individual to others. It is more frequently noticed that a clean and tidy person usually gets more attention in a public platform and people usually tends to trust him/her more. Unhygienic people are mostly avoided by others and most of the times the stress level of unhygienic people is high as compare to hygienic people. So to keep ourselves socially, mentally, and physically healthy it is important to be dirt free and should



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maintain a hygienic life style. Shri Ashique Wasnik, and Lab technician was present at the programme.

**Outcomes/impact of the Activity:**

Participants were excited to make use of the acquired knowledge from the session about personal hygiene in their daily life to maintain a better social, mental, and physical health. Participants were happy to share the basic information about personal hygiene to young ones back at their home and in their neighborhood to maintain a healthy society in their communities.

This workshop help the attendees to enhance good habits and make them a better person in a certain society.

This workshop was also helpful to teach the participants many ways to get rid of infectious illnesses and contiguous disorders while maintaining a hygienic life style.



  
Coordinator

(Dr. R. N. Chavhan)





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1. Name of Committee: NSS
2. Title of Activity: WORKSHOP ON WOMEN HEALTH AND HYGIENE
3. Date of activity: 26/09/2019
4. Number of Teachers Participated:

**Participants list:**

SN	Name of students Participants	Sign
1	Khushbu R. Nardelwar	Rardel
2	Nisrijandha S. Zure	Zure
3	Abhijit A. Dikondwar	ADW
4	Priyanka Anun Juare	Pjuare
5	Suchita P. Selokar	Suchita
6	Soilkant D. Vikey	S.D. Vikey
7	Vinod D. Surjagade	Surjagade
8	Payal G. Kodape	Kodape
9	Kalyani B. Kolhe	Kolhe
10	Martina Rajendra Ahonmade	Ahonmade
11	Ruchita H. Dhose	Dhose
12	ojshai K. Nikose	Nikose
13	Anjali Nitesh Bhanarkar	Bhanarkar
14	Kalyani Y. Bhanne	Bhanne
15	Akanksha D. mesghade	Mesghade
16	Priyanka R. Nakhate	Nakhate
17	Megha N. Thakare	Thakare
18	Sonali M. Shahare	Shahare
19	Priyanke Z. Sonwane	Sonwane
20	Minal B. Patse	Patse
21	Nandini Gohane	Gohane
22	Vaishnavi N. Gajjarwar	Vaishnavi

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55	Reshma Chandankhede	R Chandankhede
56	Vanashri S. Kamble	Vanashri
57	Priya Humra	P Humra
58	Kushbu D. Durogkar	Kushbu
59	Keshav O. Nimkar	B Nimkar
60	Harsha Jagdish Chatale	H. J. Chatale
61	Nidima P. Ramteke	N Ramteke
62	Vishal S. Gasmale	<del>V Gasmale</del>
63	Pratiksha Rajendra Yeshu	Pratiksha
64	Kushabi Dudhkawar	Kushabi
65	Laxmi A. Gondale	A Gondale
66	Ashwin G. Dupare	A Dupare
67	Pratiksha Z. Ramteke	Z Ramteke
68	Lomeshwari Madavi	L Madavi
69	Vaishnavi Dilip Titimare	V Titimare
70	Ashwini Shamao Kowe	A Kowe
71	Akanksha Prakash Meshram	A Meshram
72	Mayuri Dhore	M Dhore
73	Sonali T. Lachankar	S Lachankar
74	Joyti Bhupati Gaik	B Gaik
75	Supriya R. Jodhar	S Jodhar
76	Rupali Musari Gedam	R Gedam
77	Mohit A. Dahikar	M Dahikar
78	Nikit Raut	<del>N Raut</del>
79	Sangita Shankar Narmore	S Narmore
80	Manisha Boga	M Boga
81	Bhumika Ramchandra Patel	B Patel
82	Vaishnavi Seemare	V. Seemare
83	Tinu V. Malode	T Malode
84	Manisha H. Ingale	Manisha Ingale
85	Depali Lalaji Dhote	D Dhote
86	Bhagyashri Zhodage	B Zhodage

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120	Sakshi S. Sontake	(S)
121	Ashwini Y. Dahare	Ashij
122	Nikita D. Khewale	N.D. Khewale
123	Sonali B. Kolhe	Sonali
124	Chhakuliy. Sorte	C.Y. Sorte
125	Twinkal S. Kharkate	Twinkal
126	shubhangi R. Thakare	Shk
127	Dhanashri B. Mamidwar	Dhanidwar
128	Afiya N. Sayyad	Afiyad
129	Vishal N. Mali	Vishal
130	Ritik R. Koram	Ritik
131	Bhagyashri N. Lanjewar	Bl
132	Kishore Nagraj Bawane	Kishore
134	Vend Ashok Donadkar	Donadkar.
135	Martina R. Ghoramode	M. Ghoramode
136	Ravina M. Naitam	R. Naitam
137	Pooanali D. Lade	P. Lade
138	Puja sanjay Yapakulwar	P. Yapakulwar
139	Atharva Prakash Kedzankar	A. Kedzankar
140	priyanka shivram wadhai	P.S. wadhai
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23	Laxmi Santosh Nagpure	<u>Slsl</u>
24	Ashmita Wakde	<u>Anakade</u>
25	Hemlata Chole	<u>Hemlata Chole</u>
26	Poagali B. Kodape	<u>Bleodape</u>
27	Shital M. Watgore	<u>S. M. Watgore</u>
28	Rupali Chaudhari	<u>Rchaudhari</u>
29	Sonali M. Shahare	<u>Shahare</u>
30	Payal R. Mane	<u>Mane</u>
31	Punam Lingayat	<u>P. Lingayat</u>
32	Sulka Pralhad Hatami	<u>Shatami</u>
33	Shital R. Mondedkar	<u>SRM</u>
34	Tanu Mayre	<u>M</u>
35	Ruchita Rajendra Gayke	<u>RGayke</u>
36	Kajal K. Basapatse	<u>K.K. Basapatse</u>
37	Payal Rajeshwar Mane	<u>Rmane</u>
38	Pallavi Jengathe	<u>Jengate</u>
39	Sandhya Sahare	<u>Sshare</u>
40	Priyanka Dhure	<u>Priyanka</u>
41	Punam M. Kasure	<u>Kasure</u>
42	Renuka Kamble	<u>Rkamble</u>
43	Shanaya Khewale	<u>Shenayke</u>
44	Saurav Nonaji Nannawre	<u>Saurav</u>
45	Puja Alam	<u>Puja</u>
46	Ambika Koreti	<u>A. Koreti</u>
47	Nikita M. Boskar	<u>N. M. Boskar</u>
48	Punam Donadkar	<u>PDonadkar</u>
49	Shilpa Babanwade	<u>Shilpa</u>
50	Pavansingh chandel	<u>Pavan</u>
51	Mbyuri Parasaram Kumbhore	<u>MKumbhore</u>
52	Rahi Temreti	<u>Remreti</u>
53	Vidya K. Dhote	<u>V Dhote</u>
54	Rina Prabhujii Nakade	<u>R. p. Nakade</u>

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87	Kajal S. Shirsakar	Kshirsakar
89	Vishakha Y. Borlute	Borlute
90	yugant Waze	Waze
91	Puja A. Tupat	Tupat
92	Mohini Lingayat	Lingayat
93	Vishakha Gayakwad	Gayakwad
94	Dimpal V. Mhashakhadi	Mhashakhadi
95	Vidya Pradhan	Pradhan
96	Manisha Ataram	Ataram
97	Pallavi Kawale	P. P. Kawale
98	Vishakha zade	Zade
99	Swiketi Hatami	Hatami
100	Prayati Dhalane	Dhalane
101	Devashish Gedam	Gedam
102	Pradhya Dhawale	Dhawale
103	Ankita V. Parshuramkar	Parshuramkar
104	Poiti V. Sahare	A. Sahare
105	Jayesh Nandanwar	Jayesh
106	Vashnavi K. Bhojar	Bhojar
107	Achal T. Nandeshwar	Nandeshwar
108	Vikram Y. Gawale	Gawale
109	Kalyani Kuthe	Kuthe
110	Ashwini Dumane	Dumane
111	Roshni Pudo	R. Pudo
112	Khushboo M. Bawanzade	K. Bawanzade
113	Mayuri S. Madankar	Madankar
114	Bhagyashri V. Dordlikar	B. Dordlikar
115	Dimpal N. Raut	Raut
116	Nikita Bhishnurkar	Nikita
117	Alanksha D. Morghade	Morghade
118	Prashottam A. Kamadi	Kamadi
119	Chhabila D. Kharikate	Kharikate

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